



**TIMEZONE 1:
LONDON/UK**

FULL TV PLANNING

	MON	TUE	WED	THU	FRI	WEEKEND
8 AM			Natalina's NRG fitness class V8			
9 AM		It's All About Country V6	Debbies Dancers start 9:30 V8	It's All About Country V6	Fowler & Furnell on Friday V8	
10 AM						
11 AM	Choreography course lvl 1 V1	Choreography course lvl 1 V1	Choreography course lvl 1 V1	Choreography course lvl 1 V1	NRG Choreography Challenge V8	
12 PM	Chorepgraphy course lvl 2 V2	Chorepgraphy course lvl 2 V2	Chorepgraphy course lvl 2 V2	Chorepgraphy course lvl 2 V2		
1 PM	Technique course V4	Instructor course 'basics' V3	Technique course V4	Instructor course 'basics' V3		
2 PM	Masters On Monday (MIL) V8		Western Wednesday V6		Dancing with ICE @ open chat room free/open to non-subscribers VTV	
3 PM		Optional V8		Technique class V8		
4 PM	Line dance workshop V10	Line dance workshop V10	Line dance workshop V10	Line dance workshop V10		
5 PM	Line dance workshop V10	Line dance workshop V10	Line dance workshop V10	Line dance workshop V10		
6 PM	Line dance workshop V10	Line dance workshop V10	Line dance workshop V10	Line dance workshop V10		
7 PM					Int/Adv dance workshop V8	
8 PM	Line dance workshop V7	Technique class V7	Line dance workshop V7	Optional V7	Int/Adv dance workshop V8	
9 PM	Choreography course lvl 1 V7	Choreography course lvl 1 V7	Choreography course lvl 1 V7	Choreography course lvl 1 V7	Optional V8	
10 PM	Optional V7	Optional V7	Optional V7	Optional V7		

FOR MORE DETAILED WEEKSCHEDULES & UPDATES HEAD OVER TO THE INDIVIDUAL CHANNELS