



**TIMEZONE 6:
NEW YORK**

FULL TV PLANNING

	MON	TUE	WED	THU	FRI	WEEKEND
3 AM			Natalina's NRG fitness class V8			
4 AM		It's All About Country V6	Debbies Dancers start 4:30 V8	It's All About Country V6	Fowler & Furnell on Friday V8	
5 AM						
6 AM	Choreography course lvl 1 V1	Choreography course lvl 1 V1	Choreography course lvl 1 V1	Choreography course lvl 1 V1	NRG Choreography Challenge V8	
7 AM	Chorepgraphy course lvl 2 V2	Chorepgraphy course lvl 2 V2	Chorepgraphy course lvl 2 V2	Chorepgraphy course lvl 2 V2		
8 AM	Technique course V4	Instructor course 'basics' V3	Technique course V4	Instructor course 'basics' V3		
9 AM	Masters On Monday (MIL) V8		Western Wednesday V6		Dancing with ICE @ open chat room free/open to non-subscribers VTV	
10 AM		Optional V8		Technique class V8		
11 AM	Line dance workshop V10	Line dance workshop V10	Line dance workshop V10	Line dance workshop V10		
12 PM	Line dance workshop V10	Line dance workshop V10	Line dance workshop V10	Line dance workshop V10		
1 PM	Line dance workshop V10	Line dance workshop V10	Line dance workshop V10	Line dance workshop V10		
2 PM					Int/Adv dance workshop V8	
3 PM	Line dance workshop V7	Technique class V7	Line dance workshop V7	Optional V7	Int/Adv dance workshop V8	
4 PM	Choreography course lvl 1 V7	Choreography course lvl 1 V7	Choreography course lvl 1 V7	Choreography course lvl 1 V7	Optional V8	
5 PM	Optional V7	Optional V7	Optional V7	Optional V7		

FOR MORE DETAILED WEEKSCHEDULES & UPDATES HEAD OVER TO THE INDIVIDUAL CHANNELS